

Hanh M Catanzano DDS

112 PLEASANT STREET #B NW
VIENNA VA 22180
PHONE: 703.865.7881 FAX: 703.865.7902

Post Surgical Care

- Do not spit or rinse.
- Do not drink through a straw.
- Do not drink alcohol or hot liquids.
- Do not smoke or use any tobacco products for at least 4 days.
- Keep pressure on gauze for at least 1 hr until the bleeding stops.
- Reduce strenuous activity for 24 hours.
- Swelling can be controlled by ice packs. Apply ice pack for 20 minutes on and 20 minutes off for up to 24-48 hours.
- Brush and floss as normal, being extra careful around extraction site(s).
- After 24 hours, you may rinse your mouth with warm salt water (1 tsp. in 2 oz of luke warm water).
- Take medications as instructed to reduce pain and/or infection.
- If you have prolonged or severe pain, swelling, bleeding or fever, please call your dentist.